



Tara Landa

AESTHETICS SPECIALIST

## About Me

They say success is born out of passion, a need and desire... and that is definitely what I am all about.

My passion is for life-long learning and keeping up to date in the ever changing world of beauty. My desire is to make every woman feel beautiful both inside and out.

Luckily for me I had the best role model to aspire to be.... my mother is a "mogul" in the beauty industry and from before I can remember she told me to "cleanse, tone and moisturise". She installed the mantra "better skin for life" and that's when the skin specialist in my was born!

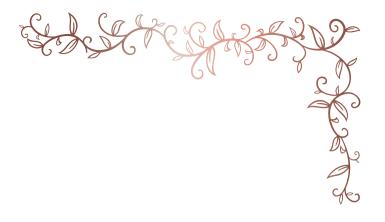
Although I love every aspect of beauty, Skin Care is where I excel and I have won numerous awards for my expertise in both facials and skin care advice.

After having our own skin clinic in Newmarket I then became an Area Manager and Trainer for two of the very best professional skin care companies in the beauty industry.

I am now fortunate enough to bring everything I have learnt over the last 15 years to work for myself once again and pass down this knowledge to my wonderful clients.

All of my clients deserve the very best, and this is why I strive to give them the best customer service, the best in treatments and a complete sense of belonging whilst tending to their individual needs.

I look forward to meeting you!



### AESTHETIC CLINIC



## Facial Aesthetics

Plamsa Fibroblast Prices start from £220

Plasma Fibroblast or Soft Surgery is a non invasive procedure where no scalpels or any surgical equipment is used. This permanent skin tightening treatment enables excess or loose skin to return to its original state whilst stimulating your own natural collagen and elastin.

Dermapen Prices start from £150

Mesotherapy is a minimally invasive procedure where a series of super fine injections of pharmaceutical grade vitamins, minerals, amino acids and anti ageing cocktails are delivered into the mesodermal layer of the skin, Mesotherapy can be used to treat a range of conditions including fine lines and wrinkles, loss of facial volume, pigmentation, hair loss/alopecia, lipo dissolve/fat dissolve, vitamin boost and biorevitilisation, Mesotherapy can be used in conjunction with the Dermapen Microneedling Treatment and Hyapen.

#### Mesotherapy Prices start from \$80

Mesotherapy is a minimally invasive procedure where a series of super fine injections of pharmaceutical grade vitamins, minerals, amino acids and anti ageing cocktails are delivered into the mesodermal layer of the skin, Mesotherapy can be used to treat a range of conditions including fine lines and wrinkles, loss of facial volume, pigmentation, hair loss/alopecia, lipo dissolve/fat dissolve, vitamin boost and biorevitilisation.

Mesotherapy can be used in conjunction with

Hyapen Prices start from £80
Dermapen Prices start from £180

#### Ameson Mesopeel Prices start from £60

A professional chemical peeling system aimed at rejuvenating the skin and helping a range of different skin complaints. We offer AHA (alpha hydroxy acids) including mandelic acid, lactic acid and glycolic acid. We also offer BHA (beta hydroxy acids) in the form of salicylic acid and also AZA (azelaic acid). Used to treat a range of conditions, chemical peels can hydrate the skin, resurface the skin, reduce lines and wrinkles and reduce pigmentation, clear rosacea and target acne.

#### Hyapen Prices start from £60

Hyapen is a revolutionary device that enables products to pass through the skin without the need of needles and is also painless. Treatments available with this device include lip fillers, dermal fillers, mesotherapy, fat dissolve/lipo dissolve, vitamin boost, hair loss, alopecia and biorevitilisation.

#### BB Glow \$180 Per Treatment\*

The BB Glow treatment is one of the most up to date and most talked about treatment in the beauty industry. This revolutionary skin treatment is combined with the Dermapen micro needling treatment and a 24 carat Gold Mesotherapy treatment . BB Glow will not only encourage your skin to work in a more youthful way but will leave your skin with a flawless, brightened and more luminous complexion that gives the skin the look of wearing a BB cream/tinted moisturiser! if you ever wanted to wake up with a flawless skin without wearing a drop of make up then this treatment is for you.

\*4 treatments is the recommended amount for it to last for 9 months. Book 4 sessions and receive 20% off

# Injectable Treatments

#### **Profhilo**

The "injectable moisturiser" that not only hydrates the skin but also boosts the skin's elastin and collagen levels. A biostimulator that kickstarts significant renewal within the skin. A runny form of Hyaluronic Acid, injected at 5 key points, either side of the face. One in place, it boosts hydration and makes the skin firmer and bouncier. It can be used on the face, back of the hands and the neck. Anyone from their 30s can benefit from this treatment to keep skin strong and in good condition. Also, for those who have noticed the first signs of ageing and skin laxity. For those who feel their skin quality has worsened, or skin appears lax and crepey, this treatment is for you. Treatment is done over 3 (sometimes 3) sessions, 4 weeks apart.

#### **Anti-wrinkle injections**

Wrinkles and facial lines can be softened using botulinum toxin type A (Botox). Ageing, muscle activity, too much sun exposure, alcohol consumption and smoking can all contribute to these lines and make you look older than you are. Anti-wrinkle injections can target specific muscles and cause the muscle to relax. This leaves the overlying skin looking smoother and more youthful. Treatment is not painful and fairly quick. Results can be seen after seven days and can last up to 3 or 4 months depending on the individual with maintenance the effects of treatment will last longer.

#### **Dermal Fillers**

As we age the skin loses volume and elasticity. Fat can descend, skin becomes thinner and lines, wrinkles and folds develop. Hyaluronic acid

can be injected into the skin to restore volume and add hydration to the skin. Dermal fillers can be placed in the lips, cheeks, jaw, chin and nose. The effects can be seen instantly but will improve over the next couple of months. Results can last up to 6-12 months, depending on the individual and the product used.

## Semi Permanent Makeup

#### Microblading £280

(12 month top up £140)

Microblading is a tattooing technique in which a small handheld tool made of several tiny needles is used to add semi-permanent pigment to the skin. Microblading differs from standard eyebrow tattooing because each hairstroke is created by hand using a blade which creates fine slices in the skin, whereas eyebrow tattoos are done with a machine and single needle. Microblading is typically used on eyebrows to create, enhance or reshape their appearance in terms of both shape and colour.

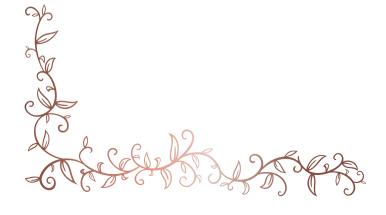
Ombré Blush Brow £320

The internationally recognised treatment is known for its ultimate polished look which instantly changes ...YOUR BROW GAME. What is The Ombré Blush Brow®? The technique is an over dramatised fade where the brow is significantly lighter in the front then gets deeper in colour as you move throughout the brow to the end. The effect is a brow that looks soft at the beginning and slowly begins to get more defined towards the end of your brow. The Ombré Blush Brow® result is soft and fluffy with a pop of definition, which looks great with or without makeup.

6 month colour top up £85 10 month colour top up £135 18 month colour top up £220 8 month colour top up £110 12 month colour top up £160



# BEAUTY TREATMENT MENU



## Facial Treatments

#### **Katherine Daniels Facials**

At Katherine Daniels, we take what is achievable and make it possible.

Whilst you can expect outstanding results from our truly luxurious salon treatments, we can ensure your daily regime is quick, simple and effective.

Now you don't have to forfeit your salon treatment, as we can offer you everything your skin needs in either a 30 minute body session or a 45 minute facial session. However if you don't have the luxury of time, you may wish to indulge your skin in the most efficient treatment for the ultimate results in a 60 or 80 minute session.

#### The Skin Bespoke Treatment

£40

Tailor-made to give your skin a substantial treat, ideal when time is of the essence. Includes exfoliation, massage and mask to suit your skin's needs.

#### **Express Energising, Radiance Treatment**

£45

This treatment will deliver energising, firming minerals and increase moisture level to plump the skin, giving wrinkle reduction of up to 27% and a translucent radiance you never thought possible in just 40 minutes. Ideal pre special occasion or as an express skin overhaul.

#### The Age Defence Sensitive Skin Treatment

£55

A treatment developed for fragile and sensitive issues, your skin will be calmed, soothed, strengthened and more able to defend itself against premature ageing. You will be indulged in 60 minutes of pure bliss and

experience two Katherine Daniels relaxation sequences whilst your skin receives the ultimate result-driven treatment. For long-term effectiveness, a course of four at one per week is recommended.

#### The Age Defence Nourishing Hydrating Treatment

£70

A treatment developed to hydrate the skin and re-ignite the natural oil levels if they are under-active. Your skin will be hydrated, supple, smooth, open pores reduced and more able to defend itself against premature ageing. You will be indulged in 80 minutes of pure bliss and experience four Katherine Daniels relaxation sequences whilst your skin receives the ultimate result-driven treatment. For long-term effectiveness, a course of four at one per week is recommended.

#### **New Skin Peeling Treatment**

£60

This treatment offers a visible transformation. It will erase dead skin and reduce wrinkle depth and scarring. Your skin will be smooth, soft, radiant and youth mechanisms will be reignited with a new skin effect. After just one treatment clients note a "new skin" effect for 100%, smoothed and plumped skin for 100% and a refined skin texture for 100%. Sold individually or as a corrective course of 3-6 treatments.

#### The Skin Perfecting Anti-Oxidant Treatment

£60

A double mask treatment packed full of powerful superfoods, rich in cell protecting Anti-Oxidants along with Vitamin C for skin luminosity and to boost your Collagen and Elastin production. FucoWhite<sup>TM</sup> will regulate patchy pigmentation or uneven skin tone. After 1 treatment, your skins youth mechanisms will be ignited, your skin will be perfectly hydrated and luminous in appearance, with a more even colour and perfected complexion. For long term effectiveness or to treat patchy pigmentation a course of treatments will be recommended depending on the needs of your skin.

# Body Treatments

#### The Deep Cleansing Back Treatment

£50

A relaxing treatment to deep cleanse and detoxify your back and shoulders. Blocked pores will be released, leaving your back smooth and decongested. Ideal for pre and post self-tanning.

#### The Velvet Skin Body Treatment

£30

This treatment will ensure dry skin is exfoliated away, followed by a finishing cream to suit your skin's needs. You will be left with velvety soft and supple skin all over.

#### The Velvet Skin Body Treatment with Full Body Massage

£45

This treatment will ensure dry skin is exfoliated away before you enjoy a full body massage and finishing cream to suit your skin's needs. You will be left with velvety soft and supple skin and feel totally pampered and relaxed.

#### The Muscle De-Stress Treatment

£50

This treatment will ease tension, relax muscles and help to relieve stress. A four-phase luxurious treatment including exfoliation, massage, a warming detoxifying mask and a finishing balm to nourish and hydrate your skin.

#### The Golfer's Muscle De-Stress Treatment

£50

Designed to ease tension and increase flexibility, this treatment will be personalised to meet your specific needs. After consultation with your Katherine Daniels therapist and may include your upper back, shoulders, chest, hips and forearms.

#### The Firming Re-sculpting Body Treatment

£55

The ultimate treatment to give immediate inch loss and a smoother, more refined silhouette. Results are visible after one treatment, so ideal as a single session before a special occasion.

#### The Drop a Dress Size Plan

This plan is offered as a course of eight Firming Re-sculpting Body Treatments at two per week for four weeks, to help you achieve your ultimate results and inch loss of up to one dress size.

#### The Diet Kick Start Plan

This plan is offered as a course of four Firming Re-sculpting Body Treatments and includes the Katherine Daniels Manual Colonic Irrigation Massage. We aim to kick start the effects of a healthy eating regime and support you for maximum weight and inch loss during the first crucial weeks of slimming.

#### Massage

Back massage Full body massage \$30 (30mins) \$40 (40mins)

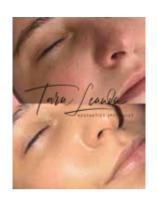
# Other Trreatments

Eye Treatments		Eyebrow Wax	£8
Eyelash Tint	£10	Lip Wax	£6
Eyebrow Tint	£8	Chin Wax	£6
Eyebrow Wax	£8	Lip and Chin wax	£10
Eyelash Tint, Brow Tint		Forearm Wax	£15
& Eyebrow Shape	£20	Half leg Wax	£15
		3/4 Leg Wax	£,20
Eyelash Extensions		Full Leg Wax	£25
Classic	£50	Bikini Wax	£15
Infills	£20	Underarm wax	£10
Russian	£60	Chest wax	£25
Russian Infills	£30	Back wax	£25
LVL Lash Lift	£35		
		Intimate Waxing (Hot Wax)	
		Brazilian	£25
Nail Treatments		Hollywood	£30
File and Polish	£10		
File and Gel Polish	£15	Electrolysis	
Manicure	£20	Hair Removal - 15 mins	£15
Pedicure	£25	Hair Removal - 30 mins	£,27
Manicure with Gel Polish	£25		
Pedicure with Gel Polish	£30		
Gel Removal	(10	Skin Tag Removal	from (35

Soft Wax







**BB Glow** 



**Hyapen Dermal Lip Filler** 



**Hyapen Dermal Lip Filler** 



**BB Glow** 



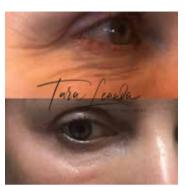
**Ombré Blush Brow** 



**Ombré Blush Brow** 







Plasma Fibroblast



Plasma Fibroblast



**Plasma Fibroblast** 



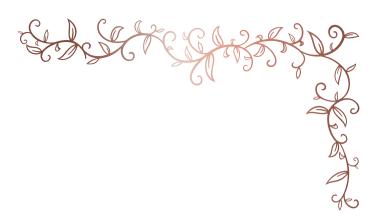
**Microblading** 



Microblading



Microblading



19 Quenby Way, Bromham, MK43 8QW

Tel: 07827297920

Email: info@beautyboxbromham.co.uk Web: www.beautyboxbromham.co.uk

@beauty\_box\_bromham

**f** /beautyboxbromham

